

KNOWING & GROWING

5-Week Bible Study Workbook

From Seeker → Learner → Believer → Server → Leader

CENTRAL THEME SCRIPTURE

2 Peter 3:18 "But grow in the grace and knowledge of our Lord and Savior Jesus Christ..."

Theme Insight (Exegesis):

- Written by the Apostle Peter encouraging believers to remain grounded and continue maturing
- "Grow" implies continuous, intentional development—not a one-time experience
- "Grace" (God's empowerment) and "knowledge" (intimate relationship) must develop together

👉 Spiritual maturity is both relational and developmental—and it must be ongoing

HOW TO USE THIS WORKBOOK

Each week includes: - Scripture + Exegesis - Key Insight - Reflection Questions - Spiritual Growth Action - Numerical Growth Action - Weekly Progress Tracker - Leader Teaching Notes

WEEK 1: SEEKER (KNOWING GOD)

Scripture:

Jeremiah 9:23-24

Exegesis:

- God confronts misplaced identity in wisdom, strength, and riches
- "Know" (yada) means intimate, experiential relationship
- God reveals His nature: lovingkindness, justice, righteousness

👉 True life begins when we shift from self-reliance to God-centered relationship

Key Insight:

Seeking God leads to discovering purpose and identity

Reflection:

1. What are you currently seeking most in life?
2. Where do you feel disconnected from God?

Spiritual Growth Action:

Spend 10 minutes daily seeking God in stillness

Numerical Growth Action:

Invite one spiritually curious person

Weekly Progress Tracker:

Days seeking God: ____ / 7 Invited someone? YES / NO

Leader Teaching Notes:

- Emphasize difference between knowing about God vs knowing Him
 - Use relatable analogy (celebrity vs personal relationship)
 - Create a safe space for seekers and questions
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WEEK 2: LEARNER (GROWING THROUGH THE WORD)

Scripture:

2 Timothy 3:16-17

Exegesis:

- Paul instructs Timothy on the authority of Scripture
- “God-breathed” means divinely inspired
- Scripture equips believers for maturity and action

👉 The Word is both the foundation and the tool for growth

Key Insight:

Learning God’s Word transforms thinking and behavior

Reflection:

1. What is your current habit with Scripture?

2. What is one thing you learned this week?

Spiritual Growth Action:

Read 1 chapter daily using SOAP method

Numerical Growth Action:

Share one scripture insight daily

Weekly Progress Tracker:

Days in Word: _ / 7 *Scriptures shared:* _

Leader Teaching Notes:

- Model how to read and apply Scripture
- Remove intimidation around Bible study
- Reinforce consistency over perfection

WEEK 3: BELIEVER (GROWING THROUGH PRAYER & FAITH)

Scripture:

Luke 11:1

Exegesis:

- Disciples observed Jesus' prayer life and desired to learn
- Prayer is taught, not assumed
- Introduces structured approach to prayer (Lord's Prayer)

👉 Prayer is the lifeline of belief and relationship with God

Key Insight:

Belief deepens through consistent communication with God

Reflection:

1. How has your faith grown recently?
2. What do you need to trust God with?

Spiritual Growth Action:

Pray daily using ACTS model

Numerical Growth Action:

Pray with at least one person

Weekly Progress Tracker:

Days prayed: _ / 7 *People prayed with:* _

Leader Teaching Notes:

- Normalize struggles with prayer
 - Demonstrate simple prayer models
 - Encourage authenticity over performance
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WEEK 4: SERVER (GROWING THROUGH OBEDIENCE & COMMUNITY)

Scripture:

James 1:22

Exegesis:

- James challenges passive Christianity
- Hearing without doing leads to deception
- Obedience is evidence of true faith

👉 Transformation happens when truth becomes action

Key Insight:

Serving and obedience activate spiritual growth

Reflection:

1. Where is God calling you to serve?
2. What has delayed your obedience?

Spiritual Growth Action:

Serve in one area this week

Numerical Growth Action:

Serve with or invite someone

Weekly Progress Tracker:

Served? YES / NO Served with someone? YES / NO

Leader Teaching Notes:

- Challenge comfort zones lovingly
- Provide clear serving opportunities
- Reinforce accountability and follow-through

WEEK 5: LEADER (GROWING THROUGH PURPOSE & MULTIPLICATION)

Scripture:

Ephesians 2:10

Exegesis:

- Believers are God's workmanship (masterpiece)
- Created for good works prepared in advance
- Salvation leads to purpose and impact

👉 Leadership is living out God's designed purpose and multiplying impact

Key Insight:

Leadership is influence rooted in purpose

Reflection:

1. Who are you called to influence?
2. What gifts can you use to serve others?

Spiritual Growth Action:

Take one leadership step

Numerical Growth Action:

Disciple or mentor one person

Weekly Progress Tracker:

Leadership action taken? YES / NO Person disciplined: ____

Leader Teaching Notes:

- Reframe leadership as influence, not title
 - Identify emerging leaders in group
 - Encourage multiplication mindset
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FINAL REFLECTION

1. How have you progressed from seeker to leader?
 2. Who have you helped grow?
 3. What is your next step?
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GROUP PROGRESS DASHBOARD (LEADER USE)

Weekly Tracking Table

Week	Stage	Attendance	New Guests	Salvations	Engagement Score (1-5)
1	Seeker				
2	Learner				
3	Believer				
4	Server				
5	Leader				

Spiritual Growth Metrics

- Avg. Days Seeking God: ____
- Avg. Days in Word: ____
- Avg. Days in Prayer: ____
- Service Participation: ____

Numerical Growth Metrics

- Total Invitations: ____

- New Participants: _____
 - People Serving: _____
 - People Being Discipled: _____
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Leader Notes:

- Where did transformation happen most?
 - Where did participants stall?
 - Who is emerging as a leader?
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FINAL DECLARATION:

"I was a seeker... I became a learner... I am a believer... I will serve... and now I lead."